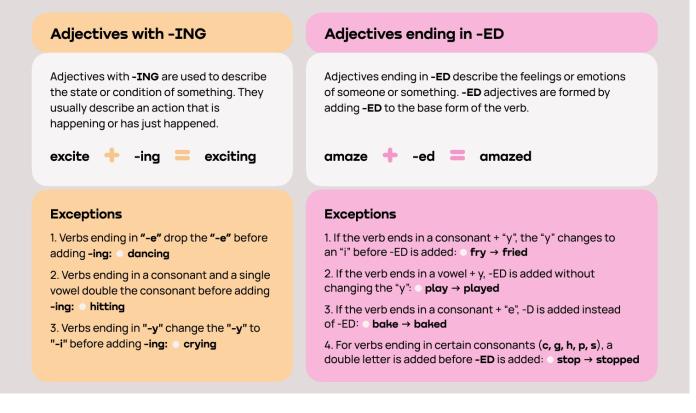
Adjectives Ending With -ED and -ING Rules



For example, you can use the -ING adjective "confusing" to describe a quiz, and the -ED adjective "confused" to describe how someone feels about the quiz.

Here are some more examples:

- The lecture was **boring**.
- I felt **bored** during the lecture.
- The movie was **exciting**.
- I was excited to see the movie.
- The roller coaster ride was terrifying.
- I was terrified when the roller coaster went upside down.
- The competition was challenging.
- I felt challenged by the competition.
- His speech was depressing.
- Everyone was depressed after hearing his speech.