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Seasonal changes in the testicular morphology and interstitial tissue histomorphometry of Sahraoui camel under Algerian extreme arid conditions

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ABSTRACT
The seasonal testicular morphology and the morphometry of the interstitial tissue were studied in 62 camels at Algerian extreme arid region. The maximal testicular size was recorded during the rutting season. In this period, the interstitial tissue occupied high area and volume with significant increase of the intertubular constituent’s volume, hypertrophy of the Leydig cell, and maximal number of Leydig cells per testes. Therefore, the highest ratios of seminiferous tubules to interstitial tissue area and volume and the highest fraction of intertubular empty space were recorded during the non-rutting. The greater Leydig cell nucleus size was observed during the post-rutting season. Finally, the numerical density of Leydig cells did not significantly change over the year. These results provide information on the relationship between seasonal changes of camel testicular morphology and the histomorphometry of the testicular endocrine compartment in camels at the arid livestock conditions of the southeastern Algerian desert.

1. Introduction
Camels have for over decades played a paramount role in regional development, from Asia, North Africa, and East Africa, respectively. The current evidences show that camels are an important livestock in the livelihood of many of the rural and urban herds’ men (Bamwesigye and Pershotam 2016). The camel will not sustain its role as food provider without changing and improving its performance. Efficient reproduction is of utmost importance for intensification and sustainable improvement of animal productivity that requires more use of biotechnologies applied to reproduction. Perfect knowledge of camel seasonal physiological changes characteristics is essential to optimize interventions in both male and female dromedary camel. In this species, testes grow and regress under climatological, geographical, photoperiodic, and food quality interactions (Arthur et al. 1985; Marai et al. 2009; Pasha et al. 2011b, 2013; Gherissi et al. 2014). Therefore, a reliable selection of rutting males based on the testicular morphometry is possible by its strong correlation with sperm volume, the quantity and quality of produced sperm (Akingbemi and Aire 1991; Adeyemo et al. 2007;
Abdullahi et al. 2012; Kastelic 2014). Previous investigations agreed that season has an obvious effect on the testicular tissue and the Leydig cells activity as revealed by their ultrastructure (Abd-Elaziz et al. 2012; Pasha et al. 2013) and by serum concentrations of melatonin, FSH, LH, testosterone, and prolactin in adult camels (Al Qarawi and El Mougy 2008, Waheed et al. 2015). The elevated steroid hormones concentrations are accompanied by increased sexual behavior, seminal volume, and sperm output (Rahman et al. 2007; El-Kon et al. 2011; Pasha et al. 2015). In mammals, the hypertrophy or hyperplasia of individual Leydig cells had explained seasonally increased Leydig cell volume (Johnson et al. 1986; Neaves 1973). Compared to classical seasonal breeders, like hamsters, deer, and brown bear (Gosch and Fischer 1989; White et al. 2005), camel’s testis decreased in non-breeding season and they were unable to breed for several months without total cessation of spermatogenesis (Gherissi et al. 2016). Indeed, certain number of active Leydig cells must be continuously required for existing germ cells throughout the year. The objective of the study reported here was to investigate the testicular morphology and describe the histomorphometric changes of the endocrine compartment around the rutting season in Sahraoui camel breed.

2. Materials and methods

2.1. Description of the study area

The experiment was conducted between November 2012 and October 2013 at El Oued region situated in the extreme arid region of the southeastern of Algeria (Lat: 33°5′ and Lon: 6°11′). The monthly meteorological conditions of the study area are showed in Figure 1. The relief of El Oued region is composed of the great eastern erg which is a real sea of sand dunes, the Hamada, that is a tray vast and stony lands, a fairly prospered valleys, and few depressions called the zone of the chotts.

Figure 1. Average monthly climatological parameters by Guemmar station (2014).
The camel rutting season in the study area is particularly remarkable during the winter season under cold climate. Its precocity, duration, and the peak of sexual activity are strongly influenced by the early rains and thus vegetation cover of pasture.

2.2. Experimental animals and samples collection

The experiment was conducted during three different seasons according to the male camel breeding ability; the rutting season (R) from November to February, post-rutting (PR) season from March to Jun, and non-rutting (NR) season from July to October. Sixty two one-humped male Sahraoui camels aged 4–13 years were utilized in the present work. Of these, twenty studied in the rutting season (R), eighteen studied in the post-rutting season (PR), and 24 studied in the non-rutting season (NR). These animals came from semi-extensive transhumant herds and destined to meat production. They were kept in free stall housing system with fenced yards separately from other animals, and had no contact with female camels. Each animal was fed about 3–5 kg barley grain and 10–15 kg straw with daily watering. Their weigh ranged from 457 to 590 kg. The camels were free from external and internal parasites and without physical defects especially at the testicular region. After slaughter paired testes were collected and dissected from the surrounding tissues then fixed in 10% formaldehyde for histological processing.

2.3. Testicular dimensions

Before the slaughter, for each animal, length (TL), widths (TW), thickness (TT) of right and left testis were measured using sliding calipers. The scrotal circumference (SC) was performed by metric tape as previously described by Gherissi et al. (2014). For the paired testicular volume (PTV), the equation for ellipsoid shape was applied: \( \frac{4}{3} \pi TL \times TW \times TT(REF) \). Finally, the paired testes weight (PTW) was estimated by the mean of digital scale (Gherissi et al. 2016).

2.4. Tissue processing and quantitative testicular histology

After fixation, proximal, mid, and distal portions of the testes samples were dehydrated through graded percentages of ethanol (65, 75, and 95%), then cleared in xylene and infiltrated and embedded in paraffin wax (Automate circulation system LEICA TP1020 and inclusion station LIECA EG1160). Two serial sections (5 μm) were made from each sample (LEICA RM 2235), mounted on to gelatin-coated glass slides and dried overnight at 37 °C and stained with hematoxylin and eosin (H & E). The histological sections were examined using binocular microscope Optika B-600B equipped with a digital camera HiROCAM (SMP) and fitted with a micrometer eyepiece at ×10, ×40 and ×100 magnification. Two processing software were used for quantitative histomorphometric study: Axovison Rel 4.6 (Carl Zeiss, Thornwood, NY) and Image J 1.45S (NIH, USA) taking into account the analysis of volume (3D), surface (2D), length (size 1), and number (0 dimensions) of different interstitial tissue structures. The stereological techniques and the histomorphometric methods used in this study were reported in Table 1.
Table 1. Histomorphometric characteristics to study the testicular endocrine compartment activity in different rutting seasons on the dromedary camels.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Description</th>
<th>Methodology</th>
<th>Units</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>IT (%)</td>
<td>Semi-Sedimented Segmentation (Khaksar et al. 2013)</td>
<td>The testicular tissue occupied by the Intertubular area</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ESpc (%)</td>
<td>Semi-Sedimented Segmentation (Khaksar et al. 2013)</td>
<td>The empty space fraction in the interstitial tissue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VIT (cm³)</td>
<td>Grid overplayed picture and manual counting method. (Ramaswamy 2005; Gherissi et al. 2016)</td>
<td>Total volume occupied by IT per testes (cm³) = (IT points/total points) × testicular volume</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;BV&lt;/sub&gt;/T (μm × 10&lt;sup&gt;12&lt;/sup&gt;, %)</td>
<td>Grid overplayed picture and manual counting method. (Ramaswamy 2005; Gherissi et al. 2016)</td>
<td>Total volume per paired testes of blood vessels, Leydig cells and conjunctive tissue and their respective % in the interstitial tissue.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;LC&lt;/sub&gt;/T (μm × 10&lt;sup&gt;12&lt;/sup&gt;, %)</td>
<td>Calibrated ocular micrometer (Gherissi et al. 2016)</td>
<td>Average Leydig cell surface = Longitudinal (Leydig Cell Length: LCL) × transversal (Leydig Cell Width: LCW) diameters.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S&lt;sub&gt;LC&lt;/sub&gt; (μm²)</td>
<td>Calibrated ocular micrometer (Gherissi et al. 2016)</td>
<td>Leydig cell nucleus diameter</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D&lt;sub&gt;Nu&lt;/sub&gt; (μm)</td>
<td>Calibrated ocular micrometer (Gherissi et al. 2016)</td>
<td>Leydig cell nucleus volume = (4/3)πD&lt;sub&gt;Nu&lt;/sub&gt;³</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;LCNu&lt;/sub&gt; (μm³)</td>
<td>The formula for the volume of a sphere (Pasha et al. 2011b)</td>
<td>Average individual Leydig cell volume = (4/3)πLWC³</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;LC&lt;/sub&gt; (μm³)</td>
<td>The formula for the volume of a sphere (Pasha et al. 2011b)</td>
<td>Number of Leydig cells per testis = V&lt;sub&gt;LC&lt;/sub&gt;/V&lt;sub&gt;LC&lt;/sub&gt;</td>
<td></td>
<td></td>
</tr>
<tr>
<td>N&lt;sub&gt;LC&lt;/sub&gt; (×10⁶)</td>
<td>Verhagen et al. (2014)</td>
<td>Mean number per animal testes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NV&lt;sub&gt;LC&lt;/sub&gt; (×10⁷)</td>
<td>Volume density method (Pasha et al. 2011b)</td>
<td>Mean volume density per animal testes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ST/IT</td>
<td>Semi-Sedimented Segmentation (Khaksar et al. 2013)</td>
<td>Calculated ratio</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VST/VIT</td>
<td>Point grid counting (Ramaswamy 2005)</td>
<td>Calculated ratio</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
2.5. Statistical analysis

Analysis of variance was carried out to investigate the rutting season effect, if any, on the studied parameters using GLM procedure by Statistica V.7.0.61.0 (StatSof Inc. 2004). The differences between means clustering were computed for various parameters using Duncan’s Multiple Range Test. Results were quoted as arithmetic means clustering ± standard deviation (M ± SD) and significance was attributed when \( p < 0.05 \), \( p < 0.01 \) and \( p < 0.001 \).

3. Results

3.1. Seasonal changes of testicular measurements

The average results of the seasonal testicular measurements were summarized in Table 2. The testicular weight and volume were maintained without significant changes between rutting and post-rutting seasons, however, the testicular circumference dropped significantly between these two seasons \( (p < 0.001) \). The lowest values of these three parameters were recorded during the hot season \( (p < 0.05) \), which corresponded to the non-rutting season.

3.2. Seasonal changes of the Leydig cells characteristics

Table 3 showed the seasonal changes of different Leydig cells parameters. The high size and volume of the Leydig cells were recorded during the rutting season \( (203.07 ± 79.32 \, \mu m^2, 7.14 ± 5.37 \, \mu m^3 \times 10^3, \) respectively). These two parameters decreased significantly in the post-rutting season and reached lowest values in the non-rutting season \( (127.14 ± 61.84 \, \mu m^2, 4.10 ± 4.18 \, \mu m^3 \times 10^3, \) respectively).

The Leydig cell nucleus was almost centrally located. Its average diameter during the rutting and post-rutting seasons was \( 5.53 ± 1.02 \) and \( 5.83 ± 1.28 \, \mu m, \) respectively \( (p < 0.05) \), that was decreased significantly in non-rutting season \( (5.11 ± 1.58 \, \mu m, p < 0.001) \). However, highest volume of the Leydig cell nucleus was recorded during the post-rutting season \( (948.20 ± 626.20, p < 0.05) \).

3.3. Seasonal changes of the testicular interstitial area and volume

The Table 4 showed the seasonal changes in the testicular interstitial area and volume. During the rutting season, the interstitial tissue area and volume occupied \( 64.60 ± 10.53\% \) and \( 102.93 ± 25.97 \, \text{cm}^3 \) without significant difference in the post-rutting season \( (53.77 ± 14.55\%, 83.71 ± 52.37 \, \text{cm}^3) \). These two parameters decreased significantly during the non-rutting season \( (46.39 ± 14.64\% p < 0.05, 32.19 ± 28.74 \, \text{cm}^3 p < 0.001) \) (Table 3). In this same context;

<table>
<thead>
<tr>
<th>Parameters</th>
<th>R</th>
<th>PR</th>
<th>NR</th>
<th>R/PR</th>
<th>R/NR</th>
<th>PR/NR</th>
<th>SL</th>
</tr>
</thead>
<tbody>
<tr>
<td>SC (cm)</td>
<td>31.20 ± 2.08</td>
<td>26.03 ± 3.06</td>
<td>22.12 ± 4.03</td>
<td>***</td>
<td>***</td>
<td>*</td>
<td>***</td>
</tr>
<tr>
<td>PTW (g)</td>
<td>190.53 ± 41.96</td>
<td>202.65 ± 135.37</td>
<td>110.58 ± 70.92</td>
<td>NS</td>
<td>**</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>PTV (cm³)</td>
<td>169.63 ± 63.83</td>
<td>130.52 ± 73.02</td>
<td>62.39 ± 40.69</td>
<td>NS</td>
<td>***</td>
<td>*</td>
<td>***</td>
</tr>
</tbody>
</table>

Notes: Differences among seasons groups were significant at 5% (*), 1% (**) and 0.1% (***) levels. SL: Significant level. R: Rut. PR: Post Rut. NR: Non Rut. NS: no significant. PTV: Paired testicular volume. PTW: Paired testicular weight. SC: Scrotal circumference.
the season affected significantly the ratios of seminiferous tubules to interstitial area (ST/IT) and volume (VST/VIT) \((p < 0.05\) and \(p < 0.01\), respectively). Low scores of these ratios were recorded during the rutting season that increased significantly in post-rutting and non-rutting periods. Moreover, the area fraction of the empty space in the interstitial tissue was significantly higher during the non-rutting season (18.21\%) compared to the rest of the year \((p < 0.001)\).

### 3.4. Seasonal changes of the interstitial tissue composition

Table 5 showed the seasonal changes of the relative volume interstitial tissue components. The volumes of the whole blood vessels (BV) and Leydig cells (LC) and conjunctive tissue (CT) were higher in the rutting season then dropped significantly in non-rutting season.
The substantial decrease of BV and LC in the interstitial tissue leaves a high relative volume to the CT during the post-rutting season (66.66 ± 6.36%, $p < 0.001$) and the non-rutting seasons (70.49 ± 5.34, $p < 0.01$).

### 3.5. Seasonal changes of the number and the numerical density of Leydig cells

Table 6 showed the seasonal variations of the number and the numerical density of Leydig cells in the paired testes of studied camels. The highest average number of Leydig cells was noticed during the rutting season (4.23 ± 2.69 × 10⁹) that decreased significantly during the transition to the post-rutting season ($p < 0.05$). The lowest value of Leydig cells per testes was recorded during the non-rutting season (1.38 ± 1.46 × 10⁹, $p < 0.05$). However, the numerical density of Leydig cells did not show significant differences in relation to the breeding seasons of the year ($p > 0.05$).

### 4. Discussion

The current study aims to investigate the seasonal changes in testicular morphology and histomorphometry of the endocrine compartment in Sahraoui dromedary camel. A significant high testicular measurements (SC, PTW, and PTV) were recorded during the rutting season (winter) compared to the non-rutting season (summer). These results were similar to those obtained by Zeidan et al. (2001), Masood (2007), Pasha et al. (2011b), and Maiada et al. (2013) in Egyptian and Pakistani camels. In seasonal breeders, some reports indicated a strong positive relationship of the individual testes size with the sexual behavior, the male capacity for sperm production and the circulating androgen level.

The proportions of the area occupied IT in the testes of the studies animals can explain reasons of low sperm production in camel species compared with other farm animals in which small proportion of the IT is often described (12–18%) (Pawar and Wrobel 1991; Santos et al. 1999; Alfonso et al. 2002; Dorostghoal et al. 2009; Andreussi et al. 2014). The seasonal changes of the quantitative testicular histology showed a significant decrease of the space and volume occupied by IT during the transition from the winter (64.60 ± 10.53% and 102.93 ± 25.97 cm³, respectively) to the summer (46.39 ± 14.64% and 32.19 ± 28.74 cm³, respectively). These results were somewhat similar to those obtained by Singh and Bharadwaj (1978), Tingari et al. (1984), and Zayed et al. (1995) in Indian, Saudi, and Egyptian camels, respectively. During the non-breeding season, the interstitial mass decrease let appear large empty spaces in the intertubular tissue (18.21%). A similar finding was reported by Abd-Elaziz et al. (2012) indicating that during summer the fall of the Leydig cells leads to the appearance of empty spaces in the interstitial tissue.

### Table 6. Mean ± SD of the total number of Leydig cells and their testicular density.

<table>
<thead>
<tr>
<th>Parameters</th>
<th>R</th>
<th>PR</th>
<th>NR</th>
<th>R/PR</th>
<th>R/NR</th>
<th>PR/NR</th>
<th>SL</th>
</tr>
</thead>
<tbody>
<tr>
<td>$N_{LC/T} (×10^9)$</td>
<td>4.23 ± 2.69</td>
<td>2.68 ± 1.03</td>
<td>1.38 ± 1.46</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$N_{LC} (×10^7)$</td>
<td>2.07 ± 1.22</td>
<td>1.47 ± 4.47</td>
<td>1.43 ± 7.78</td>
<td>NS</td>
<td>NS</td>
<td>NS</td>
<td>NS</td>
</tr>
</tbody>
</table>

Notes: Differences among seasons groups were significant at 5% (*). 1% (**) and 0.1% (***) levels. SL: Significant level. R: Rut, PR: Post Rut, NR: Non Rut. NS: no significant. $N_{LC/T}$: Number of Leydig cells per testis. $V_{LC}$: Numerical density of Leydig cells.
The seasonal affected more VST/VIT than ST/IT \((p < 0.01\) and \(p < 0.05\), respectively). These two ratios decreased during the rutting season compared to the non-rutting season. Similarly, Pasha et al. (2013) signaled high ratio of the seminiferous tubule area to the interstitial area during the summer \((1.90 \pm 0.065)\) and lower during the winter \((0.88 \pm 0.056)\).

The volume of different intertubular tissue constituents displayed high significant seasonal changes. The significant high values of \(V_{ BVV} \), \(V_{ TLC} \), and \(V_{ CT} \) were recorded during the rutting season compared to the rest of the year. It was shown that the relative volume of these constituents: \(V_{ BVV/IT} \), \(V_{ TLC/IT} \), and \(V_{ CT/IT} \) follow same trend. Our findings are close to those found by Zayed et al. (1995) and Pasha et al. (2011b) who showed that the intertubular compartment was richly vascularized by blood vessels \((18\%)\) with maximal Leydig cell volume proportion during the winter \((44\%\) and \(24.67\%,\) respectively), then decreased significantly and reached lowest levels during the autumn \((\text{non-breeding season})\). These testicular histomorphological conditions of the non-breeding season were confirmed recently by Maiada et al. (2013) during the hot-humid and hot-dry months. These authors showed interstitial tissues less vascularized and the number of the Leydig cells was numerous during the hot-humid period and increased interstitial connective tissue and atrophy in the Leydig cells during the hot-dry period (Maiada et al. 2013). Therefore, Hussain et al. (2010), Pasha et al (2011a) and Derar et al. (2012) using ultrasound scans showed that these anatomical seasonal changes of the intertubular tissue influenced directly the testicular weight and measurements.

Previously, some authors claim that the remarkable increased average size of Leydig cells indicate their high activity (Friedlander et al. 1984; Zayed et al. 1995; Pasha et al. 2011b; Abd-Elaziz et al. 2012). Our scores regarding the Leydig cell number and individual Leydig cell volume seems lower than those recorded in numerous other species (Mendis-Handagama and Ariyaratne 2008). The main factors of this inter-species variability are related to genetic, endocrine, and environmental factors. In this study, the seasonal variation of the Leydig cell volume represented by their significant hypertrophy during the breeding season \((7.14 \pm 5.37 \times 10^3 \ \mu m^3)\) and atrophy in the post-rutting season \((5.25 \pm 3.7118 \times 10^3 \ \mu m^3, \quad p < 0.01)\) and non-rutting seasons \((4.10 \pm 4.18 \times 10^3 \ \mu m^3, \quad p < 0.001)\). These findings are due to the correlation of the Leydig cell volume with the number and size of vacuoles indicative of extracted lipid in which cholesterol was utilized as a substrate for steroid biosynthesis (Baker et al. 2003).

The highest diameter of the Leydig cell nucleus was recorded during the spring \((\text{post-rutting season})\) \((5.83 \pm 1.28 \ \mu m)\). The lowest value of this parameter was obtained in the non-rutting season \((5.11 \pm 1.58 \ \mu m)\). The nuclear diameter of mature adult-type Leydig cells is also greater when compared to immature adult-type cells, a developmental change that is probable indicative of Leydig cell maturation (Kliesch et al. 1991; Chen et al. 2009; Zirkin 2010). Our findings were close to the seasonal pattern as reported by Abd-Elaziz et al. (2012). These authors recorded in Egyptian camel species increased number of the mature Leydig cells, compared to the numbers of pre-Leydig and immature Leydig cells during the winter, so that, the interstitial cells were mainly of mature type during the spring (Abd-Elaziz et al. 2012). The degenerative lesions appeared in summer and this trend in early and mid-autumn (Abd-Elaziz et al. 2012).

The increased histological proliferation of the interstitial tissue during the rutting season was expressed by a significant elevation of the total Leydig cells number \((p < 0.05) \quad (4.23 \pm 2.69 \times 10^9)\) as compared to post-rutting \((2.68 \pm 1.03 \times 10^9)\) and non-rutting season...
(1.38 ± 1.46 × 10⁹). However, the numerical density of Leydig cells did not show any seasonal variation (p > 0.05). These findings are in agreement with those reported by Zayed et al. (1995) and Pasha et al. (2011b) who recorded maximum number of Leydig cells per testis during winter followed by spring and summer while the lowest values noticed during autumn. Different trend reported by Johnson and Thompson (1987) that new Leydig cells are continually recruited to the existing germ cells population in active and reactivating testes without change in the total number of Leydig cells. Thereby, the seasonal changes in Leydig cell number of the studied camels may be accomplished by altering their seasonal rates recruitment and loss in relation to the seminiferous tubules density in germ cells.

5. Conclusion

The seasonal variation of testicular morphology and histomorphometry of the endocrine compartment in Sahraoui one humped camel, showed a testicular cycle characterized by significant high scores of paired testicular weight and volume during the rutting season and low values in the non-rutting season. The rise in testicular measurements was associated with an increase in the area and volume of the interstitial tissue and its constituents (blood vessels, Leydig cells, and conjunctive tissue). However, the ratios of seminiferous tubules to interstitial tissue area and volume were lower during the season of the high testicular activity (winter). The maximal individual Leydig cells volume was recorded in the rutting season but the highest Leydig cell nucleus size and volume were obtained in the post-rutting season. Finally the total number of Leydig cells per testis decreased significantly during the transition from the winter to the summer without significant change of the numerical density of these cells.

This study, by quantification of changes in the testicular morphology and histomorphometry, can provide information on the seasonal degeneration of the endocrine compartment as well as its implications on testicular steroidogenesis and fertility of camel bulls under climatic conditions of the Algerian arid region.

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Disclosure statement

No potential conflict of interest was reported by the authors.

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